Cambridge IGCSE

**Cambridge International Examinations**
Cambridge International General Certificate of Second

**FOOD AND NUTRITION**

Paper 2 Practical Test

Plan
Practical Test: **2 hours 30 minutes**

Additional Materials: Carbonised Sheets

*6768026098*

**READ THESE INSTRUCTIONS FIRST**

Write your Centre number, candidate number and name on all the work you hand in.

Please see page 2.

This document consists of **3** printed pages and **1** blank page.

DC (SJF) 89075
© UCLES 2014

CAMBRIDGE International Examinations

**[Turn over**

PA CAMBRIDGE

**Planning Session:** 1 hour 30 minutes

When you know which of the tests is assigned to you, read it through
Work, Time Plan and Shopping List of ingredients as follows, using the

**(i)** On the Plan of Work sheet, write down the dishes that you
familiar but interesting dishes which give you scope to sho
test. List the dishes in the correct order to answer the ques

**(ii)** Beside each of the dishes chosen, give the quantities of t
full recipe is not necessary.)

**(iii)** Complete the Time Plan sheet to show the order of working, the methods to be used, and the length of time required for cooking each dish. Frozen, tinned and packaged foods (i.e. 'convenience' foods) may be used with discretion, but enough work must be planned to show skill and to occupy the whole of the Practical Test.

**(iv)** Complete the Shopping List sheet to show the total quantities of the ingredients required.

The amounts cooked should be sufficient for two or three people, but this may be governed by the requirements of each particular test. Recipe books may be used during the Planning Session, but frequent reference to them is to be avoided during the Practical Test.

Write your **name**, **candidate number** and the **number of the test** on your Plan of Work, Time Plan and Shopping List. Give them and any notes you may have made, with this question paper, to the Supervisor at the end of the Planning Session. You may not take away a copy of the test or of your plan or any notes (other than your recipe book) and you may not bring fresh notes to the Practical Test.

The question paper and one copy of your Plan of Work, Time Plan and Shopping List will be returned to you by the Examiner at the beginning of the Practical Test. You will be expected to keep to your plan. At the end of the examination, the question paper is to be handed to the Examiner, with your Plan of Work, Time Plan and Shopping List.

© UCLES 2014

**1** **(a)** Prepare, cook and serve **three** different dishes suitable for include one of the following cooking methods:

frying, steaming, stewing.

**(b)** Make a cake using the whisking method and a batch of biscu

**2** **(a)** Prepare, cook and serve a two-course main meal for two visit

**(b)** Make some scones and a cake for use later in the day.

**3** **(a)** Using **three** different types of flour prepare **three** dishes which would be suitable for a packed meal.

**(b)** Make **two** dishes which could be served as part of an evening meal.

**4** Prepare, cook and serve **five** different skilful dishes which would be suitable for sale at a school event.

**5** **(a)** Prepare, cook and serve a **two-course** midday meal suitable for two friends who are trying to lose weight.

**(b)** Make a cake by the creaming method and a savoury dish using pastry.

**6** Prepare, cook and serve **five** skilful dishes which show the use of **five** different herbs or spices.

**7** **(a)** Prepare, cook and serve a **two-course** evening meal suitable for two manual workers.

**(b)** Make **two** dishes which they could take to work as part of their lunch for the next day.

**8** Prepare, cook and serve **five** different dishes to show the use of the following pieces of equipment:

grater, whisk, frying pan, cake tin, sieve.

© UCLES 2014

**BLANK PAGE**

Permission to reproduce items where third-party owned material protected by copyright is included has been sought and cleared where possible. Every reasonable effort has been made by the publisher (UCLES) to trace copyright holders, but if any items requiring clearance have unwittingly been included, the publisher will be pleased to make amends at the earliest possible opportunity.

Cambridge International Examinations is part of the Cambridge Assessment Group. Cambridge Assessment is the brand name of University of Cambridge Local Examinations Syndicate (UCLES), which is itself a department of the University of Cambridge.

© UCLES 2014